



## 24 hour First Friday - First Saturday

### Eucharistic Adoration

### Every Month on First Friday

- + 9:00 am      Friday Morning Mass
- + 9:30 am      Rosary for the Unborn & Prayer for  
Vocations
- + 10:15 am     **Divine Mercy Chaplet (sung by SJDR  
school)**
- + 12:00 pm     Angelus Prayer
- + 3:00 pm      Divine Mercy Chaplet (recited by  
parishioner)
- + 6:45 pm      Vespers (Divine Office Evening Prayer)
- + 8:30 am      Lauds (Divine Office Morning Prayer)
- + 8:45 am      Benediction
- + 9:00 am      Saturday Morning Mass

## Note:

All parishioners are welcomed to visit our Lord in the Most Holy Sacrament of the Altar! You are also welcomed to become a "regular Adorer" for any hour time slot of your choosing; however, there is still a real need of regular Adorers for the following time slots:

Sat. 12:00 (midnight) - 1:00 am

Sat. 1:00 - 2:00 am

Sat. 2:00 - 3:00 am

## **7 Frequently Asked QUESTIONS (On Adorer Etiquette):**

**1.) When entering the Church for Eucharistic Adoration, what sign of reverence must I make in the Real Presence of Christ?**

Liturgical law prescribes genuflection on one knee (I've heard your right knee while making the sign of the cross with your right hand, because Jesus sits at the right hand of the Father) as the way of expressing our faith in the Real Presence of Christ in the Blessed Sacrament, whether in the tabernacle or exposed for public adoration. However, the traditional practice of genuflecting in the presence of the exposed Blessed Sacrament is on both knees. If one is unable to genuflect for any reason, a deep bow is appropriate.

**2.) Do I have to sign the Adoration register book?**

Adorers are required to sign in & out of the Adoration register book because liturgical law requires that at least one person must be present when the Blessed Sacrament is exposed. The Adoration register book is a written record that can be shown to the pastor to assure him that someone is always present with our

Lord & he in turn can show it to the bishop. Non-scheduled visitors should also sign in & out to show a record of loving time spent with our Eucharistic Lord. (NOTE: When I leave the church after daily Mass on First Friday (9:30am) I always leave the Adoration sign-in binder on the third to last pew of the left hand side of the center of the church (when you come in through the main doors); however, by evening hours the book is moved to the right hand side of the church (on a little table) by the doors that are opened at night (by the handicapped parking lot) because the main doors (and all the other doors) are locked by that time.)

### **3.) How must I dress when I go to the chapel/church?**

Dress need not be formal or businesslike, it can be comfortable, but it should be neat, clean, and most importantly modest. How one dresses reveals a lot about their values.

### **4.) May I pray aloud or sing in the chapel?**

The rule here is consideration for others. Adoration is for silent prayer (except for the Church prayers, Rosary, Divine Mercy Chaplet, etc. that are scheduled).

### **5.) What do I do if my relief does not show up?**

We have at least four people signed up for each hour at our parish since liturgical law requires that at least one person must be present when the Blessed Sacrament is exposed and must not be left alone. Therefore, if ever you find yourself left alone (meaning your other three partners for your hour have left and none of the four parishioners scheduled for the next hour show up to relieve you - and you must leave immediately, then there is a list of all the adorers for every hour plus a list of substitutes with their phone numbers in the inside front pocket of the Adorers Registration Binder (that you signed in on). Please feel free to use your cell phone to call someone in. **NOTE: In an emergency (if you are ever left entirely alone and no one shows up to replace you and you must leave without waiting for the next person, even after calling someone to come in...) then, according to Father, you would place the "white, sheer Monstrance cover" over the Monstrance and then the next person to come in would remove it. (But we will pray this never happens with at least 4 people scheduled for every hour!)**

### **6.) What if I am unable to make my Holy Hour one month?**

Please contact the captain of your hour to inform them you will not be there and please call a substitute to take your place. Your substitute can be someone from our list or anyone you know from our parish or any surrounding Catholic parish that would be dependable enough to show up.

### **7.) May I bring young children to Adoration?**

Absolutely, parents are encouraged to bring their children. This is a wonderful opportunity